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Recommended Reading for Our Pregnant Patients

What to Expect When You're Expecting, by Heidi Murkoff

The Complete Book of Pregnancy and Childbirth, by Sheila Kitzinger

Essential Exercises for the Childbearing Years, by Elizabeth Noble

A Child is Born (Photos: Conception to Birth), by Lennard Nilsson

Mom, Dad and I Are Having a Baby, by Maryanne Maecki

The Complete Book of Breastfeeding, by Marvin, Eiger, Sally Olds

Breastfeeding Your Baby, by Sheila Kitzinger

The Mother of All Pregnancy Books, by Ann Douglas

The Girlfriend's Guide to Pregnancy, by Vicki Iovine

Your Vegetarian Pregnancy, by Holly Roberts

The Expectant Father, by Armin A. Brott

Best Baby Name Book, by Louise Nicholson

Your Pregnancy: Week by Week, by Glade B. Curtis

Guide to Eating Right Through Pregnancy, by Susan Kagen Podell, MS, RD

The Thinking Woman's Guide to a Better Birth, by Henci Goer

The Pregnancy Journal, by A. Christine Harris

Pregnancy for Dummies, by Joanne Stone et al.